

Have you lost a loved one?

Do holiday gatherings feel more difficult lately?

Do you need a space to reflect on changes in your life?

Grief Support Group

Come to one session, or come to all!

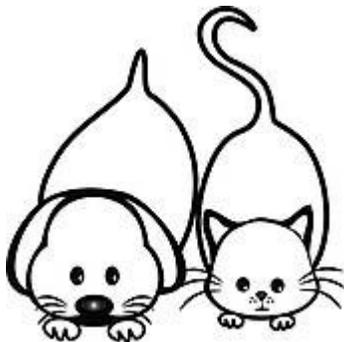
November 16, November 30

December 14, December 28

1:30 p.m. to 2:30 p.m.

Optional: Bring a small item that reminds you of your loved one.

Call 860-647-9196 to let us know if you plan to attend.



Lost a pet?

Come for a special session on December 9
from 1:30 p.m. to 2:30 p.m.