

**Senior Citizens Commission  
Regular Meeting April 5, 2016  
Minutes**

The Senior Citizens Commission held its regular meeting on Tuesday April 7, 2016 at the Senior Center at 1:00 P.M. Present at the meeting were members: Chair Paula Friez, Maureen Johnson and Patricia Morianos.; Seniors Inc. Representative Cheryl Udin and Director of Senior and Social Services Jennifer Ochoa.

**1. Call to order**

Ms. Friez called the meeting to order at 1:00 P.M.

**2. Introductions**

The Senior Citizens Commission got a new board clerk and everyone introduced themselves.

**3. Public Comment**

Ms. Udin's Inc. Report:

The group discussed the upcoming bus trip to Boston. There are still seats available.

**4. Approval of Minutes:**

**February 18, 2016**

Jennifer Ochoa stated she will correct February 18, 2016 minutes and submit them on the website. Maureen Johnson made a motion to accept the February 18, 2016 minutes as corrected, seconded by Patricia Morianos. The motion passed unanimously

**5. Municipal Agent's Report**

**A. New Van**

Jennifer Ochoa stated the Senior Center got a new van that seats 20, or 16 with two wheel chairs.

**B. Grant for Other Van**

Jennifer stated she had just completed writing the grant and is looking to replace the 10 seater van.

**C. Health and Wellness Fair**

Jennifer stated that she had begun to work on invitation list for the Health and Wellness Fair in October and is still taking ideas for vendors.

**6. Old Business**

**Review of Recent Programs**

**a. Airborne Jazz**

The Commission stated they had great reviews and are booking a lunch in September.

**b. Balance Workshop**

Cheryl Udin attended this workshop and stated it very successful and well attended.

**c. Bingo**

Bingo was a success; the Commission stated it was a St. Patrick's Day theme. The last game was changed and run differently and it was well received.

**d. Spiritual Medium**

The Commission stated there was mixed reviews about this event.

**e. Restorative Yoga**

Cheryl Udin stated she attended this class and it was amazing.

**f. Keeping the Mind Alive**

The event was cancelled, not enough people signed up.

**g. Lunch Out**

Cheryl stated 3 people went out to lunch.

**h. AARP Smart Driver Class**

The event was a success 10 people attended.

**B. Hair Dressing Station Update**

Jennifer Ochoa stated since the Senior Center has a septic system she has been in contact with Rob and Holly from Eastern Highlands Health District to check about the regulations. The Commission is still waiting to hear if it is something the Senior Center will be able to do.

**C. Outreach Update**

Paula discussed working in conjunction with the library and speaking with Liz about a service to provide mobile books, puzzles, DVD's to Senior's in town. Jennifer stated she would reach out to Liz. Paula Friez stated she would like this item to be placed on the agenda for the next meeting.

**7. New Business**

**A. Set Meeting Dates**

The Commission changed the June 9, 2016 meeting to June 7, 2016 at 1:P.M.

**8. Adjournment**

Patricia Morianos made a motion to adjourn, seconded by Maureen Johnson. The motion passed unanimously and the meeting was adjourned at 1:36.

Respectfully Submitted,

Corrine O'Brien  
Board Clerk

PLEASE SEE THE MINUTES OF SUBSEQUENT MEETINGS FOR THE APPROVAL OF THESE MINUTES AND ANY CORRECTIONS HERETO.