

The Senior Citizens Commission held their regular meeting on Thursday, December 10, 2015 at the Senior Center at 2:51 P.M. Present at the meeting were members: Chair Paula Friez, Maureen Johnson, Patricia Morianos, Sally Tracy (2:54 P.M.) and Tina Giuffre; Senior Center staff Alice Hare and Director of Senior and Social Services Jennifer Ochoa; and Cheryl Udin.

1. Call to Order

Ms. Friez called the meeting to order at 2:46 P.M.

2. Public Comment

Ms. Udin's Seniors Inc. Report:

- 21 seniors attended the Holiday Luncheon at Angelino's, overall the feedback has been positive; the group briefly discussed different options next year: possible luncheon at the Senior Center with catered food and entertainment; different location
- Approximately 40 people attended the Veteran's Luncheon, the program went very well
- Psychic program is scheduled for March

3. Approval of Minutes:

October 15, 2015

A motion was made by Ms. Tracy, seconded by Ms. Johnson to approve the minutes of the October 15, 2015 meeting as presented. Motion unanimously passed.

4. Municipal Agent's Report

A. Food Pantry

- a. Ms. Ochoa reported that the donation from the high school has been received, and students have been regularly working on organizing all the food.

5. Old Business

A. Mailing

- a. A large mailing is going out January 1 with programs from January - June
Ms. Ochoa distributed a draft copy of the letter she has prepared to send out for the bulk mailing. Commission members provided a few minor suggestions that Ms. Ochoa will incorporate into the letter. She is still working on the list of events
 - Ms. Giuffre will be introducing new yoga programs for the New Year, the cost will be \$7 and will be due in advance
January, March, May - Restorative Yoga
February, April, June - Balance (minimum of 10 participants not to exceed 20)

The group briefly discussed initiating a "Buddy System", especially with the potential of bad weather over the winter. Ms. Ochoa did explain that she does have a list of seniors that are contacted when there are emergency situations. Ms. Ochoa will add something to the bulk mailing for residents to sign up.

Ms. Morianos briefly discussed concerts at the Manchester Community College Band shell. She also shared that there are potential grants that could be applied for to assist in the cost of the program.

Noon institute is another program at MCC. It is typically an hour long program for a nominal fee on different subjects.

Bingo: In January, there will be a \$2 fee for lunch, and the price per card will continue to be \$1.

Ms. Giuffre suggested doing a brief announcement before each program letting everyone know what other programs are taking place.

B. Veteran's Luncheon and Collection
Discussed under Public Comment.

C. Review previous suggestions
Discussed under Mailing.

6. New Business

A. Giving Trees

Ms. Ochoa reported that there is a large amount of tags distributed this year, with many focused on the older children.

There is also a mitten box for donated mittens.

B. Budget

Ms. Ochoa has not had a chance to review the budget. It is required to be submitted by December 30th.

C. Consider and Act on 2016 Meeting Dates

A motion was made by Ms. Johnson, seconded by Ms. Morianos to set the 2016 meeting dates as follows:

February 4, April 14, June 9, September 8, December 8

Motion unanimously passed.

7. Adjournment

A motion was made by Ms. Tracy, seconded by Ms. Giuffre to adjourn the meeting at 3:43 P.M. Motion unanimously passed.

Respectfully submitted,

Heidi Bolduk
Board Clerk

PLEASE SEE THE MINUTES OF SUBSEQUENT MEETINGS FOR THE APPROVAL OF THESE MINUTES AND ANY CORRECTIONS HERETO.