

Music Together



Arts from the heart believes that all children are musical and capable of learning to sing in tune, keep a beat, and participate with pleasure and confidence in the music of our culture, provided that their early environment supports such learning. By emphasizing actual musical experiences rather than concepts about music, they introduce children to the pleasures of making music instead of passively receiving it from CDs or television. Integral to our program is

the idea that young children respond best to music when surrounded by those with whom they have a close bond. Consequently, the active participation of parents and caregivers - REGARDLESS OF MUSIC ABILITY - is an essential part of the rich musical environment they create. Music allows for fun and family bonding, so join us today and let's make MUSIC TOGETHER!!!!

Tuesday's 10:00am at Herrick Park Starting January 9th

Cost: 1st child \$190, 2nd child \$110 or if under 8 months old no tuition !

To register please go to: <http://www.artsfromtheheart.net/index.htm>



Play Well Teknologies Afterschool Lego program

Monday's 3:30-5:00pm
March 6th -May 15th
Grades K-2
@ BCS all purpose room

Power up your engineering skills with play-well teknologies and tens of thousands of LEGO! Apply real world concepts in physics, engineering, and architecture through engineer designed projects such as bridges, skyscrapers, motorized cars, and the battletrack! Design and build as

never before and explore your craziest ideas in a supportive environment. An experienced instructor will challenge new and returning students to engineer at the next level.

To register go to <http://boltonrec.recdesk.com/>



New York City on your own! December 10th 2016 Bus Trip



Register online or in the Recreation Department office today and join us for our December 10th 2016 Bus Trip on your own to New York. Spend the day sight seeing, enjoying tours or shows, exquisite cuisine or unique shopping experiences during the holiday season! One ticket \$40, or bring a group of four for a total of \$140.00. The perfect time of year to enjoy the holidays and the city decorations!

Individual registration is required. To register online go to <http://boltonrec.recdesk.com/recdeskportal/>

Half Day Hangout!

Schedule

- Nov 10th:** Gondola ride workshop with Play Well Teknology Lego Engineering 1:00pm
- Nov 23rd:** Thanks giving play day
- Nov 30th:** Curious Creatures Workshop
- Dec 1st:** Super Hero play day
- Dec 2nd:** Science of Art workshop with Mad Science 1:00pm
- Dec 9th:** Winter Wonderland Play day
- Jan 27th:** Drumming about you workshop with Bob bloom 1:00pm

- March 10th:** Disney Play day
- Mar 21st:** Living in Space workshop with Mad Science 1:00pm
- Mar 22nd:** Spring extravaganza play day
- Mar 23rd:** Sports and outdoors play day
- Apr 28th:** Battletrax workshop with play-well technology engineering 1:00pm
- May 19th:** Summer fun play day



Play-Well TEKnologies



Pewee Basketball

Who: Ages 2-5
When: Saturdays starting February 4th 8:00am for six weeks
Residents and non residents of Bolton
Where: Bolton Center School gymnasium

This program is to introduce ages 2-5 to the court! It helps the kids get ready for sports in a step by step approach building confidence, team work and self-esteem. Pewee basketball provides a fun and positive early experience into sports.



Babysitter Safety

During this four hour course for youths from the ages of 10 to 15 years you will be taught the age appropriate skills necessary to care for children of all ages. This Safety course uses team babysitting, mother's help sitting as well as individual concepts focusing entirely on safety with an emphasis of prevention. Basic First aid and obstructed airway management for a conscious choking adult/child and infant will be covered. Other topics also include hand washing, diaper changing, bottle

feeding, personal safety, interview skills and many more topics. A Booklet, handouts and Babysitter Safety Certificate of completion is included with this course.

Who: ages 10-15
When: February 17th 2016 8:00 am at the Notch Road Municipal center Room 16



Adult Exercise classes

Chair Yoga: Notch Road Municipal Center
9:30 am Mondays and Fridays
\$5 per class

Zumba: Herrick Park
Mondays 5:30pm / Wednesday 6:30pm
\$7 per class or
\$35 for 6 classes or \$60 for 12 classes

Aerobics: Herrick Park
Mondays 6:30pm
\$5 per class
\$40 for 12 classes

Cardio: Herrick Park
Thursdays 6:30pm
\$5 per class
\$40 for 12 classes



Yoga: Herrick Park
Tuesday's 6:30pm
\$10 per class

Boot camp: Bolton High School
5:45am Tuesdays/Thursdays
\$5 per class
\$40 for 12 classes

NEW CLASS

Jiu-jitsu: Herrick Park
7:30pm Mondays and Wednesdays

Volleyball: Bolton Center School
Monday night drop ins 7:00pm
\$2 residents, \$4 non-residents

Basketball: Bolton High School
Wednesday night drop ins 7:30pm
\$2 residents, \$4 non-residents

Employment and volunteer opportunities

Both Employment and volunteer opportunities are available through all of our programs at the Recreation Department throughout the school year. From After school program help to Basketball season refereeing. If you are interested in lending a hand and working with our community contact the Recreation Department today. Below is a list of where employment as well as volunteer help are needed.

Volunteer/community service hours:

Lend a hand to our after school program instructors. Helping work one on one with students or preparing activities for the afternoon.

Work with our half day employees and a group of kids in our half day program. Different activities crafts and activities as well as workshops are planned for each day to keep the kids aged from kindergarten to eighth grade engaged and having fun through the days.

Coach a younger siblings, family members or just help to coach a basketball team during the basketball season with practices and games from December to March.

Sell merchandise from snacks and juices to T-shirts on the weekends during basketball games in town.

Gym Monitor for Adult Basketball drop in Wednesday nights during the school year at BHS.

Employment:

Basketball Referees: Weekend games for 3/4 grades, training provided by the league before the season begins.

Spring break camp. Work with the campers through different crafts ac-

tivities games and workshops.

Afterschool programs— have a hobby or interest that your looking to share with the community? Start an after school program to teach others of these interests and skills throughout the school year.



Bolton Recreation Department

Recreation Director: Kyleen Welchman
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<http://boltonrec.recdesk.com/recdeskportal/>

WINTER NEWSLETTER

NOVEMBER 2016

Annual Holiday Parade and Tree Lighting!



Saturday December 3rd 2016

Parade departs from Bolton Center School at 6:30PM Arrives at the Town Green at 7:00 PM

Leading straight into our annual tree lighting with Santa Clause, followed by Caroling and complete with hot chocolate and popcorn!

Want to decorate a float or trailer and be in the parade? Contact the Recreation Department today! All floats must sign up.

Other Holiday events the same day!

Join the BVFD auxiliary in the morning for a breakfast with Santa at the Bolton Fire Department .

Then venture to Bolton Center School for the Bolton Alumni's Winter craft Faire .

2016 Ornaments

This year join the Recreation Department in honoring our Bolton Fire Department and their 75 years of service to our community! The Bolton Fire Department responds to fire, rescue, medical, and environmental emergencies 24 hours a day, 7 days a week, 365 days a year. They are a volunteer organization of dedicated professionals committed to protecting our neighbor's lives and property

This ornament does not just have to be brought out during the holidays! Use it year round as a beautiful sun catcher for decoration and to show your support to the men and women serving our community.



Order yours today for only \$10.00

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